

<b>Guideline</b>	Area 91 Online AA Meeting – Come as Where You Are Group
<b>Responsibility</b>	Area 91 Alternate Delegate, Remote Communities Chair.

## Purpose

To establish an online AA meeting for remote and hard to reach areas within Area 91.

Area 91 AA Online “Come as Where You Are” is established to reach as many AA Area 91 members as possible, to fulfil our primary purpose of AA. Our meeting is a respectful, safe and fair environment that binds us in unity.

The meeting is a “closed” meeting, every Sunday evening starting at 7:00 p.m.

## Guidelines

- A general user account has been created for Area 91 use, this information is confidential and should not be passed on to anyone outside of the designated user group.
- Use of the Zoom account is for the purpose of Area 91 business/meetings only; personal use of this account is strictly forbidden.
- Meetings cannot overlap each other, please review My Meetings to ensure your meeting time is available.
- Meetings will be chaired by members from the General Service Committee, where each District will have an opportunity to choose a month to host meetings.
- Invited participants don’t need a zoom account to join a meeting; please ensure the proper meeting information is sent to your participant listings and must include a copy of the Participants instructions.
- Participants (including the host) choosing to use mobile device would need to download the Zoom application to participate in a meeting.
- Participants and hosts can access a Zoom meeting by one of the following options:
  - Telephone,
  - Video or Audio conferencing from a computer,
  - Video or Audio conferencing from a device (either tablet or smart phone).
- To protect the anonymity of our members, the online meeting will NOT be recorded at anytime.
- The meeting will be a respectful and safe environment, where unity and fairness will be available for each member in the meeting.
- A meeting standard will be available for the meeting chair. New meeting chairs will need to participate in a monthly session on how to host a meeting.
- Meeting schedule: Week 1 – Newcomer Meeting; Week 2 – Step Meeting; Week 3 – Topic Meeting; Week 4 – Speaker Meeting; Week 5 – Open Meeting (if necessary).
- Participants are asked to enter your First Name and Last Initial only.
- Participants can chose to use the video; they are more than welcome to turn over.
- Participants using Telephone will have their telephone number masked.
- All participants will be placed on mute when the meeting begins.

- Meeting Format:
  - Open with a moment of silence for the suffering alcoholic.
  - Blue Card – Closed
  - Anonymity Statement
  - Preamble
  - Chapter 5 – How it Works.
- Chair will unmute the participant and ask them to share. Please limit your sharing to 3-5 minutes to allow for others to share.

## Reference Materials

Zoom Video Conferencing can be accessed by the following website:

- <https://zoom.us>

## Online Meeting Instructions – aasask.org

COME AS WHERE YOU ARE - Online Meeting

WHEN: Every Sunday Night

TIME: 7:00 p.m. SK Time

HOW TO JOIN US:

From a Computer/Laptop/Tablet:

- Download Zoom (Zoom.us – The Cloud Meeting)
- Dark grey area at the bottom of the page
- Computer must have camera and microphone

From a Smartphone/iPad:

- Download Zoom app

CLICK: Join Meeting

Enter PMI (Personal Meeting ID):

These are closed meetings, particularly for those who cannot make it to a face to face meeting. We are here to help and especially welcome those located in remote areas, newcomers and also those who have limited accessibility and special needs.

Please note: There is a Canadian call-in number 1 (647)558-0588; if you choose to attend this meeting by telephone you will be asked for the meeting ID number which is the PMI above. Long distance charges will apply. Please check your rates and what your plan covers.

The maximum number of participants is 100. If you are not able to get onto the meeting, please send an email to us through this link here.

The Area 91 Remote Communities Committee is committed to carrying the A.A. message of Recovery, Unity and Service to the suffering alcoholic in communities that are remote in terms of geography, language and culture.